

pep



presented by

St. Elizabeth  
Catholic School

in collaboration with

Parent  
Encouragement  
Program (PEP)

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Twitter for parenting  
tools, tips, and talk.



PEP, a local  
nonprofit established  
in 1982, teaches  
parenting classes to  
over 4,000 parents  
and caregivers a year.

# Parenting Talk

## Power Tools for Power Struggles

Tuesday, April 24 from 8:45 to 10:15 am  
Church Commons  
RSVP: [lreed@stelizabethschoolmd.org](mailto:lreed@stelizabethschoolmd.org)  
St. Elizabeth School

Frequent power struggles, whether between adults or between parents and children, impact relationships. Learn what happens when a conflict develops and gain some insights into redirecting that energy in ways that tend to solve problems and bring people closer.



For more than 30 years, PEP has offered positive parenting education and support to parents throughout Montgomery County, Northern Virginia and Washington, DC. Like all PEP programs, this talk will give you insights into ways to use positive, encouraging methods with children that gain cooperation, teach respect and responsibility, and bring out the best in you and your child.

**301.929.8824**

Class schedules at  
[PEPparent.org](http://PEPparent.org)