

Saint Elizabeth Track Team

Sprints * Long & Middle Distance Runs * Relays * Field Events

Be part of a great co-ed St E's team ranging from 1st to 8th grade

Highlights of St E's Track team:

- Participates in the City of Rockville Track and Field program
- Practices (twice a week) beginning in late-March
- Track meets on Wednesday evenings beginning late-April
- City Conference Finals in late-May/ early-June
- Practices are held at Robert Frost Middle School and/or Wootton High School track; meets take place at Rockville High School

Registration information:

- For online registration, please visit <https://www.rockvillemd.gov/index.aspx?NID=672> and select "Co-Ed Track and Field" under Spring Leagues
- Please be sure to select "Saint Elizabeth Track Team – Joe Roach"
- Although the registration deadline is March 8th, please note that registration is on a first-come/first-serve basis so please register promptly if you are interested in participating on the St E's Track team
- If you have any questions about the St E's track team or if you are interested in helping out as an assistant coach, please contact Head Coach Joe Roach at joeroach@verizon.net or (202) 425-4599